

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	Capitol Health Limited
ABN	84 117 391 812

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	John Conidi
Date of last notice	21 May 2009

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or Indirect interest	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	<ol style="list-style-type: none"> 1. Monteleone Melbourne Pty Ltd Mr Conidi is a director and shareholder of the company which is the registered holder. 2. Idinoc Pty Ltd <J&R Conidi Family Account> Mr Conidi is a director of the company which is the trustee and a beneficiary of the J&R Conidi Family Account, which is the beneficial holder. 3. Mr John Conidi <Conidi Super Fund A/C> Mr Conidi is trustee and beneficiary of the Conidi Super Fund A/C, which is the beneficial holder. 4. Mr John Conidi <Conidi Super Plan A/C> Mr Conidi is trustee and beneficiary of the Conidi Super Plan A/C, which is the beneficial holder.

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Date of change	20 November 2009
No. of securities held prior to change	26,576,332 fully paid ordinary shares.
Class	See above
Number acquired	<ol style="list-style-type: none"> 1. Monteleone Melbourne Pty Ltd: 229,242 fully paid ordinary shares; and 229,242 options exercisable at \$0.05 each on or before 30 April 2012. 2. Idinoc Pty Ltd <J&R Conidi Family Account>: 2,186,789 fully paid ordinary shares; and 2,186,789 options exercisable at \$0.05 each on or before 30 April 2012. 3. Mr John Conidi <Conidi Super Fund A/C>: 409,091 fully paid ordinary shares; and 409,091 options exercisable at \$0.05 each on or before 30 April 2012. 4. Mr John Conidi <Conidi Super Plan A/C>: 407,761 fully paid ordinary shares; and 407,761 options exercisable at \$0.05 each on or before 30 April 2012.
Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.04 per share.
No. of securities held after change	29,809,215 fully paid ordinary shares; and 3,232,883 options exercisable at \$0.05 each on or before 30 April 2012.
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Participation in Entitlement Issue.

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Part 2 – Change of director's interests in contracts

Detail of contract	Not Applicable
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change <small>Note: Details are only required for a contract in relation to which the interest has changed</small>	
Interest acquired	
Interest disposed	
Value/Consideration <small>Note: If consideration is non-cash, provide details and an estimated valuation</small>	
Interest after change	

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Introduced 30/9/2001.

Name of entity	Capitol Health Limited
ABN	84 117 391 812

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Dominik Henry Kucera
Date of last notice	9 October 2008

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or Indirect interest	Direct and Indirect
Nature of indirect interest (including registered holder) <small>Note: Provide details of the circumstances giving rise to the relevant interest.</small>	Registered holder: Sally Ann Kucera Ms Kucera is the wife of Mr Kucera.
Date of change	20 November 2009.
No. of securities held prior to change	Indirect 500,000 fully paid ordinary shares.
Class	See above.
Number acquired	Direct 407,761 fully paid ordinary shares; and 407,761 options exercisable at \$0.05 each on or before 30 April 2012. Indirect 45,455 fully paid ordinary shares; and 45,455 options exercisable at \$0.05 each on or before 30 April 2012.
Number disposed	Nil.

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Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.04 per share.
No. of securities held after change	<i>Direct</i> 407,761 fully paid ordinary shares; and 407,761 options exercisable at \$0.05 each on or before 30 April 2012. <i>Indirect</i> 545,455 fully paid ordinary shares; and 45,455 options exercisable at \$0.05 each on or before 30 April 2012.
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Participation in Entitlement Issue.

Part 2 – Change of director's interests in contracts

Detail of contract	Not Applicable
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

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