



APPOINTMENT OF NEW DIRECTOR

ANNOUNCEMENT

6 FEBRUARY 2008

The Directors of Capitol Health Limited ("Capitol") (ASX: **CAJ**) are pleased to advise that Mr Steven Sewell has been appointed as an independent director of the Company.

Mr Sewell is a Division Director of Real Estate Group of Macquarie Bank Limited and is the CEO of the Macquarie CountryWide Trust, with overall responsibility for the Trust's business operations and investment strategy. Macquarie CountryWide Trust is an ASX listed real estate investment trust, currently owning a portfolio of over 270 retail properties in five countries with a value in excess of A\$5.4b.

Mr Sewell has over ten years in the property investment and management industry. He is an active member of the Retail Lease Law and Planning sub-committee of the Shopping Centre Council of Australia. He is a graduate in Science from the University of Melbourne and The Geelong College.

We welcome Mr Sewell to the Board and look forward to his contribution to the Company's activities and growth.

Notification of Mr Sewell's interests in CAJ securities in the form of ASX Appendix 3X is attached to this announcement.

Authorised by:

Andrew Harrison
Managing Director

Appendix 3X

Initial Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

| | |
|-----------------------|------------------------|
| Name of entity | Capitol Health Limited |
| ABN | 84 117 391 812 |

We (the entity) give ASX the following information under listing rule 3.19A.1 and as agent for the director for the purposes of section 205G of the Corporations Act.

| | |
|----------------------------|---------------------|
| Name of Director | Steven Craig Sewell |
| Date of appointment | 6 February 2008 |

Part 1 - Director's relevant interests in securities of which the director is the registered holder

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

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| Number & class of securities 100,000 fully paid ordinary shares. |
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+ See chapter 19 for defined terms.

Appendix 3X
Initial Director's Interest Notice

Part 2 – Director's relevant interests in securities of which the director is not the registered holder

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

| Name of holder & nature of interest | Number & class of Securities |
|--|---|
| Note: Provide details of the circumstances giving rise to the relevant interest. Not applicable | Nil |

Part 3 – Director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

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| Detail of contract | |
| Nature of interest | |
| Name of registered holder (if issued securities) | |
| No. and class of securities to which interest relates | |

+ See chapter 19 for defined terms.